

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Hartsbourne Summer Silver Menu 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Mashed Potatoes and Gravy	Macaroni Pastitsio with Garlic Bread	Roast Turkey with Roast New Potatoes & Gravy	BBQ Chicken with Rice	Salmon Fish Finger / Fishcakes with Chips Tomato Sauce
17th APRIL 8th MAY 5th JUNE 26th JUNE 17th JULY	Vegetarian	Vegetarian Sausage toad with Mashed Potatoes and Gravy	Cheese and Tomato Quiche with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Lentil & Vegetable Curry and Rice	French Bread Pizza with Chips Potatoes
		Carrots Garden Peas	Broccoli Sweet corn	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans Garden Peas
	Dessert	Low Sugar Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Banana Wholemeal Loaf with Custard Yoghurt Fresh Fruit Salad	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Chocolate Mandarin Sponge with Choc Sauce Yoghurt Fresh Fruit Salad	Fresh Fruit Salad Yoghurt
Week 2	Main	Chicken & Broccoli Wholemeal Past Bake	Beef Burger in a Bun with Salad and Baked Wedges	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Spaghetti Bolognese	Battered Fish Chips, Tomato Sauce
24th APRIL 15th MAY 12th JUNE 3rd JULY 24th JULY	Vegetarian	Quorn Stir Fry with Rice	Wholemeal Vegetable Pasta Bake	Vegetable Cottage Pie	Vegetable Fajitas and Rice	Cheese & Spinach Pasta Bake
		Garden Peas & Sweetcorn Mix	Carrots Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	Dessert	Cherry Cobbler & Ice-Cream Yoghurt Fresh Fruit Salad	Carrot & Courgette Cake with Custard Yoghurt Fresh Fruit Platter	Low Sugar Fruit Trifle Yoghurt Fresh Fruit Salad	Low Sugar Apple & Berry Strudel with Custard Yoghurt Fresh Fruit Platter	Fruit Smoothie Yoghurt Fresh Fruit Salad
Week 3	Main	BBQ Chicken Pizza with Baby New Potatoes	Meat balls in Tomato Sauce with Wholemeal Pasta	Roast Beef with Roast New Potatoes & Gravy	Chicken Chow Mein with Noddle's	Fish Fingers with Chips, Tomato Sauce
1st MAY 22nd MAY 19th JUNE 10th JULY	Vegetarian	Cheese and Tomato Wraps	Roasted Vegetable Lasagne with Garlic Bread	Vegetarian Wellington with Roast Potatoes & Gravy	Macaroni Cheese with Tomato topping	Homemade Bean and Lentil Burger with Chips
		Sweetcorn and Mixed Peppers Mixed Salad	Cabbage and Carrots	Fresh Mixed Seasonal Vegetables	Broccoli and Cauliflower	Garden Peas Baked Beans
	Dessert	Apple Flapjack Yoghurt Fresh Fruit Salad	Fruit Yoghurt Fresh Fruit Platter	Low Sugar Fruit Jelly & Ice Cream Yoghurt Fresh Fruit Salad	Pineapple Upside Down Cake Yoghurt Fresh Fruit Platter	Pear & Ginger Muffin Yoghurt Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt