

ANTI BULLYING WEEK



Hartsbourne
Primary School
Hartsbourne Road,
Bushey Heath
WD23 1SJ

Edition 10 Autumn term
20th November 2015

This week we had a wonderful KS2 assembly and workshops from Smiling Minds, the behaviour specialists we have been working with. On Friday all the children participated in an anti-bullying assembly and shared the work they had been doing over the week. Our Child Protection Governor, (Naomi Rich, Rec/Y3) also attended and spoke to School Council.

It was lovely to see so many parents at Parent Consultation evenings this week. Thank you for your support.

SUNDAY TIMES TOP 200

We were thrilled to see that we were in the top 200 of schools in the Sunday Times list and we've improved our placement from 181 to 150! We couldn't do it without a team effort from everyone; children, staff and parents, so a big thank you!

VISIT FROM JENNY COLES, DIRECTOR OF EDUCATION

Mrs Coles will be visiting Hartsbourne on Tuesday 24th November as part of a series of informal visits to schools that she is making, following her appointment as Director of Education for Hertfordshire.

CONGRATULATIONS TO LAST WEEK'S GOLDEN TABLE:

Mr Harper was host to: Khushal, (Rec), Thasanmee (Y1), Frankie (Y2), Hugh (Y3), Trishnam (Y5), Sophia (Y6). Next week Miss O'Sullivan will host the table.

AFTER-SCHOOL CLUB (FROM JANUARY 2016)

Please look out for the letter requesting an expression of interest in an after school club held Monday to Friday in the Decorated Duck (Portacabin). Once we have gauged the level of interest we will be able to send out more details.

IN THE ACHIEVEMENT BOOK (Friday 13th Nov).

Congratulations go to:

Rec: Sadie for a lovely attitude to learning.

Year 1: Jazmine for excellent concentration this week.

Year 2: Frankie-Lee for her focus on spelling high frequency words.

Year 3: Kizzy for an imaginative play script.

Year 4: Roberto for working hard on comprehension skills.

Year 5: Jake for astute observations when discussing instructions

Year 6: Joseph for excellent work on colons and semi-colons.

SEVERE WEATHER CLOSURES

Please check on our website for our system with regard to severe weather closures (under the 'About Us' button).

Best wishes for a lovely weekend

From Valerie Hudson and all the staff at Hartsbourne

Quick Notes:

- **Milk for KS1 and KS2 must be ordered through the Coolmilk website.**
- **Term dates are available from the website.**
- **We close at 2.00pm on the last day of term.**
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* = parents invited	
2015 DIARY DATES	DATE
Enterprise Week	23.11.15
Open morning New Rec	24.11.15
Visit from Jenny Coles, Director of Education. 9.30am.	24.11.15
Open afternoon New Rec	26.11.15
Chanukah Assembly	27.11.15
Advent Assembly	1.12.15
Enterprise Sale Day*	3.12.15
Occasional Day CLOSED	4.12.15
Open Door (visit to classroom)	7.12.15
Rec/KS1 Show am* doors open 9.15am	9.12.15
Rec/KS1 show pm* doors open 2.00pm	10.12.15
Christmas Dinner/Sweater Day	11.12.15
Rec/Y1/Y2 party	14.12.15
KS2 afternoon show 1.30pm *	15.12.15
KS2 Christmas Show 6.00pm*	15.12.15
Y3/Y4 Party	16.12.15
Y5/Y6 Party	17.12.15
END OF TERM CLOSE 2.00pm	18.12.15
SCHOOL OPENS 8.45am	4.1.16

BREAKFAST CLUB

Children in Reception and KS1 **must** be brought to the Breakfast Club door by an adult. Please do not send young children down the path with older siblings. This is for health & safety reasons as the path is very close to the car park and the access road for deliveries and refuse collection. THANK YOU FOR YOUR COOPERATION.

2016 SCHOOL PLACE APPLICATIONS

The applications process for places at primary, junior and middle schools for September 2016 opened **Monday 9th November 2015**.

For information -

- Distribution of the [Under 11s 2016 leaflet](#) began last week to inform parents/carers about how to make an application, provide key dates and give further information about the process. Leaflets were posted on 6 November directly to all families of nursery age children in Hertfordshire who should apply for a reception place for September 2016.

**MITZVAH DAY Sunday 22nd November**

WE LOOK FORWARD TO SEEING YOU 10.00—1.00PM.

What we are Learning Next Week...

YEAR GROUP	LITERACY	MATHS
YEAR 1	Information Texts	Time and subtraction
YEAR 2	Poetry	Money
YEAR 3	News Reports	Fractions
YEAR 4	Report writing	Fractions
YEAR 5	Information texts	Handling data
YEAR 6	Report writing	Measurement and statistics

ENTERPRISE WEEK—(SALE DAY IS THURSDAY 3RD DECEMBER)

Housepoints Congratulations!

Sika **Roe** **Muntjac** **Fallow**

334

274

271

223

Mathematicians of the Week

Rec: Zac for super addition.

Year 1: Henry for addition of money.

Year 2: Olivia for a super effort with mental maths.

Year 3: Rio for concentration when practising the 8x table.

Year 4: Mimie for resilience in maths.

Year 5: India for a comprehensive 'fact web'.

Year 6: Isabelle for a resilient attitude in the face of challenging maths.

Writers of the Week

Rec: Mackenzie for writing her name.

Year 1: Zayaan and Phoebe for their facts about penguins.

Year 2: Trent for his use of conjunctions.

Year 3: Libbi for indentifying the features of a news report.

Year 4: Sam for detailed report about Hartsbourne.

Year 5: Morgan for his Remembrance poetry.

Year 6: Sam for an imaginative story about a 'Day of Silence'.

Social Media and Mental Health; (an article from an e-safety magazine)

Kate Winslet has recently been very vocal about how social media is banned in her household. A mother herself, she has openly said that in her opinion, the unhealthy obsession of thinness and the media's idea of beauty leaves her in no doubt that it causes women (and girls especially) to suffer low self esteem and potential mental health issues. Controversially she has also gone further in this argument by stating that parents are losing control and that smart phones should be confiscated off teenagers for good.

She is able to put her money where her mouth is too as she has a clause written into her L'Oreal contract preventing them from airbrushing or retouching her photos. She flies the flag for the representation of 'real women' (as she puts it) and it's her opinion that social media has encouraged girls to fashion themselves for the purpose of near strangers to 'like' their pictures.

A recently conducted survey through an online mums group with 4000 users wanted to hear real life stories from parents about whether they agree they are losing a battle against the draw of social media sites and if they felt deep down that it is adversely affecting their teenagers lives.

It's difficult to admit you should be doing something when you're not. All parents know too much online time is never a good thing. Nearly all parents agreed that their teens spend far too much time on devices and that any sort of phone amnesty was met with strong resistance and disdain. Parents of girls were very keen to identify a lack of advice and guidance on the subject and it was obvious that they felt they needed more information about the risks to children's mental health. They were shocked at the amount of apps dedicated to photo manipulation too - they spoke of teens being open about desiring comments and likes and gaining the maximum number of followers as possible.

Other concerns were voiced about saturation of social media 24 hours a day, online bullying and general spitefulness toward each other causing distress and anxiety (not to mention the affect this has on learning and taking up precious time at school trying to pick apart online disputes).

This concurs with a Daily Mail story recently that had the headline 'children glued to Facebook are twice as likely to suffer mental health problems'. They claim 56% of kids spend more than 3 hours a day on such sites. Parents biggest concern was how they noticed their child's mood altered during or after usage. Large numbers of families stated that there were marked changes in attitude and distress according to what was posted by viewers.

According to a national survey conducted in the US, their research provides a more positive outlook. Their findings illustrate teenagers are using social media for much more positive reasons. Headline statistics show teenagers aged 13-18 are sourcing health information online from social media sites that positively influenced them to change their behaviour about diet, exercise and well being. Far from technology being a catalyst for anxiety and depression, instead it was a self help tool for them that made a difference.

Apps and sites have cottoned onto teenagers growing interest in healthy living and it seems that it is the reference of choice for 67% of young people. It also seemed that young people use it as an ongoing support network, using social media as an instrument to aid continuing success. They report to enjoying online friendships from empathic young people, especially about issues such as bullying, eating disorders and obesity.

So, does this information infer that it's all about developing a healthier relationship with social media and not ruling your life by it? Teenagers, by the very fact they are teenagers will lean on the side of rebellion, push boundaries, take risks, show a lack of self control at times and perhaps an inability to truly understand consequences for actions. So again the way forward seems to lie in educating young people about the pitfalls and challenging the notion that it should rule our lives or define us as people.

***We're on the web at: www.hartsbourne.herts.sch.uk E-mail us at: parents@hartsbourne.herts.sch.uk Telephone: 0208 950 8140 and 0208 950 6853
PAPER COPIES OF NEWSLETTERS ARE AVAILABLE FROM THE OFFICE.***



FRIENDS OF HARTSBOURNE DIARY OF EVENTS 2015—2016



WHAT	WHEN	TIME/WHERE
Pantomime	Friday 4th December	Watford
Christmas Sweater Day	Friday 11th December	School £1.00
Chase Away Winter Blues Bright Colours Dress Up	Friday 15th January 2016	School £1.00
Disco KS1/KS2	Thursday 28th January	3.30pm School Hall
Mother's Day Sale	Thursday 3rd March	3.30pm School Hall
Movie Night Y2-Y6	31st March	3.30pm Classrooms
Sponsored Event TBC	w/b 25th April	All classes
Spring Tidy Up	30th April	Parents' Waiting Area
Father's Day Sale	Thursday 16th June	3.30pm School Hall
Coffee before sports	Thursday 23rd June	9.00am The Duck
Bring a Bottle for Fair	Friday 24th June (TBC)	School Hall
School Fair	Saturday 2nd July	12.00—3.00pm School

MANY THANKS TO THE FOLLOWING VOLUNTEERS FOR CLASS REPS:

Reception - Keely Silver and Alison Hanbury

Year 1 - Georgina Williams and Lesley Hope Year 2 - Alex Goldie and Harri Garner

Year 3 - Marion Wurr and Natalie Verrey Year 4 - Lucy Godfrey

Year 5 - Louise Wigodsky Year 6 - Vanya Sugars and Emma

INFORMATION ABOUT COLLECTION FROM CLUBS:

Please collect from the following areas:

- Football Club should be collected from the playground.
- Sports clubs, dance and drama in the hall should be collected from the hall door.
- Drama in the Decorated Duck (portacabin) should be collected from there.
- Art Club should be collected from the Y5/Y6 double doors (side entrance).

SEVERE WEATHER CLOSURE

If we experience severe weather, such as heavy snowfall, parents should check the Herts County Council Emergency School Closures website by using these links –

www.hertsdirect.org/services/edlearn/schlif/schoolclose or

www.imodus.com/summary.aspx?company=99.

Should we make the decision to close the school, we will also send out a text message as early as possible using the GROUPECALL system.

If you have not received a GROUPECALL text by 7.45am, this may be due to a technical problem so you may wish to phone around your friends to see if they have received one. In either case, the Herts County Council Emergency School Closures website (link above) should be your first point of contact.